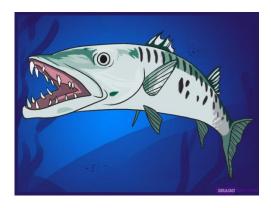
True Blue Barracudas

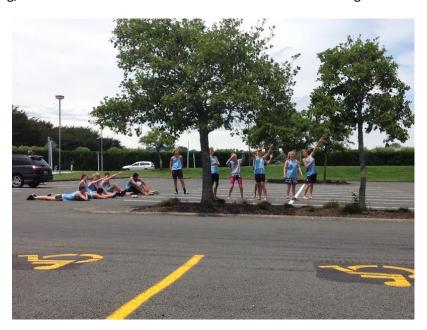


Our Champions are bringing it home!

A solid first session that set us up well for the second session, made all skins semis and 2 into the FINALS and we won our first relay!

MOST FUN WAS The massive mad flat war at the river between the sessions. The swimmers got mud everywhere — pelted each other with mud, went for penguin mud slides, pelted the boys, smashed the girls, birthday boy Lochlin was nuts, smeared the coaches, wrecked clothes and shoes and then jumped and swum in the river to wash off. It was so MUCH FUN! Who knew smashing someone with a pile of mud would be such a good feeling. Such a learning experience Tri-Series 2014.

SESSION TWO – One of those meets where you just know every swimmer is going to dig deep and smash everything, and wish for more races. All the swimmers were amazing Here.



Strengths from the day

Team Manager Phil – Everyone in the right place at the right time.

Paddy - Backed up a solid 400 free with a great 400 IM

Zarhn- MADE NAGS

Coach Aiden - picking up on the small things that make a difference

David - Backstroke KING

Luke - Part of our winning BOYS RELAY TEAM

Zac - Freestyle CHAMP Always out in front

Gina - The Beast – Awesome at chants and had a rest so will be on fire tomorrow William Spear - WON THE FLY SKINS

Brianna - Only a second off Nags now – in Backstroke PB heaven.

Tahlia - Puts her hand up for Fly and smashes it.

Lauren - 200 Free, 200 Fly, 100 Fly and that was all after winning the 50 free SKINS – you go GIRL!

Michiel - 11 second PB in his 200 free

Claudia - 100 Back PB and quality free or back relay swimmer

Islah - Always smiling and encouraging – a good morning session.

Aimee - On Fire and in form Great 400 IM.

Jessica B - Nothing fazes her as she stays out in front and by the way Mum -she needs new togs.

Tem - Leading by example PBs and quality racing

Aimee - the best newsletter writer.

Barracudas YOU ARE AWERSOME - STAY STRONG, STAY FAST

AND STAY LOUD

"I say Barra" - "YOU SAY Cuda"

"BARRA... CUDA"

"BARRA.... CUDDA"...!!! (Picture Gina jumping up and down shouting....)

